



EFFERVESCENT TABLETS

PRODUCT CATALOGUE

EFFERVESCENT TABLETS

SKIN GLOW ORANGE FLAVOUR



Benefits:

- Promotes digestive health and nutrient absorption
- Supports overall immunity and antioxidant defense
- Supports metabolism, detoxification and cellular health

Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Composition:

Each 3.5g contains

Anti-ageing Blends:	380 mg
Sunflower lecithin (Hellanmusannuus lecithin), Apple powder (Malus), Green tea extract (Camellia sinensis), Blueberry powder (Vaccinium sect. cyanococcus), Goji berry extract (Lyciumbarbarum), L-Glutathione	
Energy Blends:	120 mg
Asian ginseng root extract (Panax ginseng), Strawberry powder (Fragariaananassa), Acerola cherry extract (Malpighiaeamarginata), Beet root powder (Beta vulgaris), Amchur powder (Mangiferaindica), Banana powder (Musa paradisiaca)	
Immunity Blends:	110 mg
Amla powder (Emblicaofficinalis), Caranberry powder (Vacciniumsubg. oxycoccus) Coriander leaves powder (Coriandrumsativum L), Inulin (Fructo-oligosaccharides), Amchur powder (Mangiferaindica), Lemon powder (Citrus limon), Carrot powder (Daucuscarota), Tomato powder (Lycopersiconesculentum)	
Alkalizing Green Blends:	50 mg
Spirulina powder (Arthrospira platensis), Spinach powder (Spinaciaoleracea), Barley grass powder (Hordeumvulgare), Alfalfa leaves powder (Medicago sativa), Wheat grass powder (Triticumsativum), Mint leaves powder (Menthapepperata)	
Anti-Stress Blends:	40 mg
Ashwagandha root extract 5% (Withaniasomnifera), Flax seed extract (Linumusitatissimum L), Tamarind powder (Tamarindusindica), Orange powder (Citrus sinensis), Vitamin C, Vitamin E	

SKIN GLOW LEMON FLAVOUR



Benefits:

- Promotes digestive health and nutrient absorption
- Supports overall immunity and antioxidant defense
- Supports metabolism, detoxification and cellular health
- Enhances energy, vitality and daily wellness

Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Composition:

Each 3.5g contains

Anti-ageing Blends:	380 mg
Sunflower lecithin (Hellanmusannuus lecithin), Apple powder (Malus), Green tea extract (Camellia sinensis), Blueberry powder (Vaccinium sect. cyanococcus), Goji berry extract (Lyciumbarbarum), L-Glutathione	
Energy Blends:	120 mg
Asian ginseng root extract (Panax ginseng), Strawberry powder (Fragariaananassa), Acerola cherry extract (Malpighiaeamarginata), Beet root powder (Beta vulgaris), Amchur powder (Mangiferaindica), Banana powder (Musa paradisiaca)	
Immunity Blends:	110 mg
Amla powder (Emblicaofficinalis), Caranberry powder (Vacciniumsubg. oxycoccus) Coriander leaves powder (Coriandrumsativum L), Inulin (Fructo-oligosaccharides), Amchur powder (Mangiferaindica), Lemon powder (Citrus limon), Carrot powder (Daucuscarota), Tomato powder (Lycopersiconesculentum)	
Alkalizing Green Blends:	50 mg
Spirulina powder (Arthrospira platensis), Spinach powder (Spinaciaoleracea), Barley grass powder (Hordeumvulgare), Alfalfa leaves powder (Medicago sativa), Wheat grass powder (Triticumsativum), Mint leaves powder (Menthapepperata)	
Anti-Stress Blends:	40 mg
Ashwagandha root extract 5% (Withaniasomnifera), Flax seed extract (Linumusitatissimum L), Tamarind powder (Tamarindusindica), Orange powder (Citrus sinensis), Vitamin C, Vitamin E	

EFFERVESCENT TABLETS

SKIN GLOW MIXED FLAVOUR



Benefits:

- Promotes digestive health and nutrient absorption
- Supports overall immunity and antioxidant defense
- Supports metabolism, detoxification and cellular health
- Enhances energy, vitality and daily wellness

Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Composition:

Each 3.5g contains

Anti-ageing Blends:	380 mg
Sunflower lecithin (Hellanmusannuus lecithin), Apple powder (Malus), Green tea extract (Camellia sinensis), Blueberry powder (Vaccinium sect. cyanococcus), Goji berry extract (Lyciumbarbarum), L-Glutathione	
Energy Blends:	120 mg
Asian ginseng root extract (Panax ginseng), Strawberry powder (Fragariaananassa), Acerola cherry extract (Malpighiaemarginata), Beet root powder (Beta vulgaris), Amchur powder (Mangiferaindica), Banana powder (Musa paradisiaca)	
Immunity Blends:	110 mg
Amla powder (Emblicaofficinalis), Caranberry powder (Vacciniumsubg. oxycoccus) Coriander leaves powder (Coriandrumsativum L), Inulin (Fructo-oligosaccharides), Amchur powder (Mangiferaindica), Lemon powder (Citrus limon), Carrot powder (Daucuscarota), Tomato powder (Lycopersiconesulentum)	
Alkalinizing Green Blends:	50 mg
Spirulina powder (Arthrospira platensis), Spinach powder (Spinaciaoleracea), Barley grass powder (Hordeumvulgare), Alfalfa leaves powder (Medicago sativa), Wheat grass powder (Triticumsativum), Mint leaves powder (Menthapepperata)	
Anti-Stress Blends:	40 mg
Ashwagandha root extract 5% (Withaniasomnifera), Flax seed extract (Linumusitatissimum L), Tamarind powder (Tamarindusindica), Orange powder (Citrus sinensis), Vitamin C, Vitamin E	

APPLE CIDER VINEGAR WITH PROBIOTICS



Composition:

Each 3.5g contains

Apple cider vinegar	750 mg
Probiotic Blend:	1.5 Billion CFU
Lactobacillus Gastricus	
Lactobacillus Acidophillus	
Lactobacillus Plantarum	
Bifidobacterium Longum	
Bifidobacterium Bifidum,	
Bifidobacterium Animalis	
Bacillus Calusii	
Bacillus Subtilis,	
Akkermansia Muciniphilla	

Benefits:

- Promotes digestive health and nutrient absorption
- Supports overall immunity and antioxidant defense
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Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

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APPLE CIDER VINEGAR WITH MORINGA



Composition:

Each 3.5g contains	
Apple cider vinegar	750 mg
Moringa Extract (<i>Moringa olifera</i>)	100 mg

Recommended Dosages

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Benefits:

- Weight management
- Helps maintain healthy metabolism
- Supports digestion & gut health
- Rich in antioxidants & phytonutrients
- Supports detox & immunity
- Suitable for daily wellness routine

SHILAJIT EFFERVECENT TABLET ORANGE FLAVOR



Composition:

Each 3.5g contains	
Shuddh Shilajit (<i>Ayurvedic Classical Medicine</i>)	500 mg

Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Benefits:

- Helps support energy & stamina
- Aids in reducing fatigue and tiredness
- Supports physical & mental performance
- Helps in mineral replenishment
- Supports overall vitality & wellness

SHILAJIT WITH ASHWAGANDHA EXTRACT ORANGE FLAVOR



Composition:

Each 3.5g contains	
Shuddh Shilajit (<i>Asphaltum Punjabianum</i>)	500 mg
Ashwagandha (<i>Withania Somnifera</i>)	250 mg

Recommended Dosages:

Dissolve one effervescent tablet in 200 ml of water and consume once daily, or as directed by a healthcare professional.

Benefits:

- Supports strength and stamina
- Helps in managing stress and fatigue
- Supports physical and mental well-being
- Helps maintain overall vitality