



HERBAL SIPS AND SHOTS

PRODUCT CATALOGUE

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COCONUT OIL WITH PROBIOTICS



Composition:

Each 5ml contains

Virgin Coconut Oil (<i>Cocos nucifer</i>)	5 ml
Lactobacillus acidophilus	0.25 Billion CFU
Lactobacillus plantarum	0.20 Billion CFU
Bifidobacterium longum	0.25 Billion CFU
Bifidobacterium bifidum	0.20 Billion CFU
Bifidobacterium animalis	0.25 Billion CFU
Bacillus clausii	0.20 Billion CFU
Bacillus subtilis	0.20 Billion CFU

Benefits:

- Gut cleaning
- weight loss

Recommended Dosages:

Take one stick, 30 minutes before a meal or as advised by a healthcare professional.

ROYALSHVEDA SHILAJIT HONEY STICKS



Composition:

Each 8g contains

Shuddh Shilajit (<i>Ayurvedic Classical Medicine</i>)	0.4 g
Honey	7.6 g

Recommended Dosages:

Tear open one stick and sip directly for best potency, or mix with your favourite beverage. Enjoy 1 stick daily, anytime.

Benefits:

- Better Strength & Vitality
- Improved Absorption & Digestion
- General Wellness & Rejuvenation