



HERBAL SIPS & SACHETS

HERBAL SIPS AND SHOTS

COCONUT OIL WITH PROBIOTICS



Composition:

Each 5ml contains

Virgin Coconut Oil (<i>Cocos nucifer</i>)	5 ml
Lactobacillus acidophilus	0.25 Billion CFU
Lactobacillus plantarum	0.20 Billion CFU
Bifidobacterium longum	0.25 Billion CFU
Bifidobacterium bifidum	0.20 Billion CFU
Bifidobacterium animalis	0.25 Billion CFU
Bacillus clausii	0.20 Billion CFU
Bacillus subtilis	0.20 Billion CFU

Benefits:

- Gut cleaning
- weight loss

Recommended Dosages:

Take one stick, 30 minutes before a meal or as advised by a healthcare professional.

ROYALSHVEDA SHILAJIT HONEY STICKS



Composition:

Each 8g contains

Shuddh Shilajit (<i>Ayurvedic Classical Medicine</i>)	0.4 g
Honey	7.6 g

Recommended Dosages:

Tear open one stick and sip directly for best potency, or mix with your favourite beverage. Enjoy 1 stick daily, anytime.

Benefits:

- Better Strength & Vitality
- Improved Absorption & Digestion
- General Wellness & Rejuvenation

HERBAL SACHETS & MIXES

APPLE CIDER VINEGAR SACHET



Composition:

Each 5.8g contains	
Cider extract	800 mg
Green Coffee Beans Powder	2500 mg
Amla powder (<i>Embllica officinalis</i>)	2500 mg
Edible Common Salt	50 mg

Benefits:

- Helps reduce abdominal fat and obesity
- Supports healthy weight loss
- Aids in appetite control and suppression

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

GREEN COFFEE BEAN POWDER



Composition:

Each 5g contains	
Green coffee Bean (<i>Coffea Arabica</i>)	5 g

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

Benefits:

- Weight management
- Metabolism boost
- Antioxidant
- Energy improvement
- Blood sugar support

FENUGREEK, GUDMAR, CINNAMON AND GARCINIA (POWDER)



Composition:

Each 6g contains	
Fenugreek seed powder (<i>Trigonella foenum</i>)	650 mg
Seb extract powder (<i>Pirus malus</i>)	600 mg
Gudmar extract (<i>Gymnema sylvestre</i>)	600 mg
Cinnamon bark powder (<i>Cinnamomum verum</i>)	550 mg
Garcinia extract (<i>Garcinia cambogia</i>)	500 mg
Liquorice root powder (<i>Glycyrrhiza glabra</i>)	320 mg
Green coffee bean extract (<i>Coffea robusta</i>)	300 mg
Ginger root extract (<i>Zingiber officinale Roscoe</i>)	250 mg
Turmeric root extract (<i>Curcuma longa</i>)	250 mg
Green mango powder (<i>Mangifera indica</i>)	200 mg
Tamarind fruit powder (<i>Tamarindus indica</i>)	180 mg
Lemon powder (<i>Citrus limon</i>)	150 mg
Inulin powder	150 mg
Grape fruit powder (<i>Citrus paradisi</i>)	150 mg
Black pepper powder (<i>Pipernigrum</i>)	100 mg

Benefits:

- Metabolic & Glycemic Support
- Support Endocrine and Pancreatic/Metabolic regulation
- Helps maintain balanced glucose metabolism
- Supports cardiovascular and circulatory wellness

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

HERBAL SACHETS & MIXES

CARDAMOM POWDER



Composition:

Each 2g contains	
Cardamom Powder (<i>Elettaria cardamomum</i>)	200 mg
Clove Powder (<i>Syzygium aromaticum</i>)	300 mg
Ginger Powder (<i>Zingiber officinale</i>)	400 mg
Tulsi Powder (<i>Ocimum basilicum</i>)	600 mg
Cinnamon Powder (<i>Cinnamomum verum</i>)	400 mg
Black Pepper Powder (<i>Piper nigrum</i>)	100 mg

Benefits:

- Digestive Health
- Respiratory & Throat Support
- Oral Health & Fresh Breath
- Metabolic & Circulatory Support
- Nausea & Motion Sickness Relief

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

TRIGLYCERIDE POWDER



Composition:

Each 4g contains	
Medium Chain Triglyceride Powder	600 mg
Edible Mushroom (<i>Hericium erinaceus</i>)	1000 mg
Coffee (<i>Coffea arabica</i>)	2400 mg

Benefits:

- Energy & Alertness
- Cognitive Function & Focus
- Brain Health & Neuroprotection
- Metabolic & Ketogenic Support
- Physical Performance & Endurance

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

MULETHI POWDER SACHETS



Composition:

Each 4g contains	
Mulethi (<i>Glycyrrhiza glabra</i>)	400 mg
Punarnava (<i>Trianthema portulacastrum</i>)	410 mg
Ashwagandha (<i>Withania somnifera</i>)	460 mg
Ginger (<i>Zingiber officinale</i>)	360 mg
Tulsi (<i>Ocimum basilicum</i>)	520 mg
Senna (<i>Cassia angustifolia</i>)	490 mg
Turmeric (<i>Curcuma longa</i>)	450 mg
Amla (<i>Emblica officinalis</i>)	600 mg
Cinnamon (<i>Cinnamomum verum</i>)	300 mg
Black pepper (<i>Piper nigrum</i>)	10 mg

Benefits:

- Stress Relief & Mental Well-Being
- Immunity Enhancement
- Anti-Inflammatory & Antioxidant Support
- Metabolic & Liver Support

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

HERBAL SACHETS & MIXES

GINKGO BILOBA AND BRAHMI SACHET



Composition:

Each 2g contains	
Ginkgo Biloba (<i>Ginkgo biloba</i>)	500 mg
Brahmi (<i>Bacopa monnieri</i>)	500 mg
Medium chain triglyceride powder	200 mg
Tulsi (<i>Ocimum basilicum L.</i>)	350 mg
Lemon grass (<i>Cymbopogon citratus</i>)	150 mg
Hibiscus (<i>Hibiscus rosasinensis L.</i>)	150 mg

Benefits:

- Memory enhancement & mental clarity
- Improving sleep quality & relaxation
- Nutritional boost & detox support

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

SPIRULINA POWDER (SWEETENED)



Composition:

Each 7g contains	
Spirulina Powder (<i>Arthrospira platensis</i>)	500 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	660 mg
Sunflower Lecithin Powder	500 mg
Apple Powder (<i>Limonia acidissima L.</i>)	1340 mg
Green Tea (<i>Camelliasinensis</i>) leaf powder	560 mg
Blueberry	1160 mg
Goji Berry powder (<i>Lycium eleagnus</i>)	660 mg
Grapes Seed powder (<i>Vitisvinifera</i>)	160 mg
Ginkgo Biloba powder (<i>Ginkgo Biloba</i>)	250 mg
Ashwagandha Root powder (<i>Withania somnifera</i>)	280 mg
Licorice powder (<i>Glycyrrhizaglabra</i>)	250 mg
Ginger powder (<i>Zingiber officinale</i>)	280 mg
Echinacea (<i>Echinacea angustifolia</i>) powder	210 mg
Cellulose, Protease, Lipase, Amylase	80 mg

Benefits:

- Nutritional & Cellular Support
- Memory & Focus Enhancement
- Stress Relief & Deep Sleep
- Skin Brightening & Anti-Aging

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

HYDROLYZED COLLAGEN PEPTIDES-POWDER



Composition:

Each 7.5g contains	
Collagen peptides	6300 mg
Spirulina powder (<i>Arthrospira platensis</i>)	380 mg
Amylase	60 mg
Cellulose	60 mg
Lipase	60 mg
Silicon dioxide, Steviol Glycosides, Flavouring Agent	60 mg

Benefits:

- Skin Brightening & Radiance
- Metabolic Health & Weight Management
- Nutritional Superfoods
- Sleep & Stress Management

Recommended Dosages:

1 serving scoop per day before a meal or as recommended by your healthcare professional.

HERBAL SACHETS & MIXES

SPIRULINA POWDER (UNSWEETENED)



Composition:

Each 7g contains	
Spirulina Powder (<i>Arthrospira platensis</i>)	330 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	600 mg
Sunflower Lecithin Powder	500 mg
Apple Powder (<i>Limonia acidissima L.</i>)	1500 mg
Green Tea leaf powder (<i>Camelliasinensis</i>)	560 mg
Blue berry powder (<i>Vaccinium corymbosum</i>)	1330 mg
Brown Rice Bran	160 mg
Grapes Seed powder (<i>Vitisvinifera</i>)	160 mg
Ginkgo Biloba powder (<i>Ginkgo Biloba</i>)	250 mg
Ashwagandha Root powder (<i>Withania somnifera</i>)	280 mg
Ginger powder	280 mg
Echinacea angustifolia powder (<i>Glycyrrhizaglabra</i>)	130 mg
Rose Hip powder (<i>Lyciumeleagnus</i>)	400 mg
Cellulose	20 mg
Lipase	20 mg

Benefits:

- Fill Nutritional Gap
- Provide Antioxidant Defense
- Support Energy and Immunity
- Enhance General Wellness

Recommended Dosages:

Two serving per day before meal or as recommended by your healthcare professional.

SPIRULINA, SPINACH AND BLUE BERRY POWDER (SWEETENED)-POWDER



Composition:

Each 7g contains	
Spirulina Powder (<i>Arthrospira platensis</i>)	330 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	600 mg
Sunflower Lecithin Powder	500 mg
Apple Powder (<i>Limonia acidissima L.</i>)	1500 mg
Green Tea leaf powder (<i>Camelliasinensis</i>)	560 mg
Blue berry powder (<i>Vaccinium corymbosum</i>)	1330 mg
Brown Rice Bran	160 mg
Grapes Seed powder (<i>Vitisvinifera</i>)	160 mg
Ginkgo Biloba powder (<i>Ginkgo Biloba</i>)	250 mg
Ashwagandha Root powder (<i>Withania somnifera</i>)	280 mg
Ginger powder	280 mg
Echinacea angustifolia powder (<i>Glycyrrhizaglabra</i>)	130 mg
Rose Hip powder (<i>Lyciumeleagnus</i>)	400 mg
Cellulose	20 mg
Lipase	20 mg
Flavoring agent	

Benefits:

- Daily energy and antioxidant fortification
- Cellular health and nutrient absorption
- Memory, focus and mental clarity
- Improving sleep quality and stress relief

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

HERBAL SACHETS & MIXES

MARINE COLLAGEN PEPTIDES POWDER



Composition:

Each 7.4g contains	
Marine Collagen Peptides	7400 mg
Sucralose, Flavoring Agent (Natural identical orange flavor)	

Recommended Dosages:

1 serving scoop per day before a meal or as recommended by your healthcare professional.

Benefits:

- Anti-Ageing
- Skin Hydration
- Skin Texture
- Natural Repair
- Bone & Joint Health

SUNFLOWER LECITHIN (UNSWEETENED)-POWDER



Composition:

Each 7g contains	
Spirulina Powder (<i>Arthrospira platensis</i>)	330 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	600 mg
Sunflower Lecithin Powder	500 mg
Apple Powder (<i>Limonia acidissima L.</i>)	1500 mg
Green Tea leaf powder (<i>Camelliasinensis</i>)	560 mg
Blue berry powder (<i>Vaccinium corymbosum</i>)	1400 mg
Brown Rice Bran	160 mg
Grapes Seed powder (<i>Vitisvinifera</i>)	160 mg
Ginkgo Biloba powder (<i>Ginkgo Biloba</i>)	300 mg
Ashwagandha Root powder (<i>Withania somnifera</i>)	280 mg
Ginger powder	280 mg
Echinacea angusti folia powder (<i>Glycyrrhizaglabra</i>)	130 mg
Rose Hip powder (<i>Lyciumeleagnus</i>)	400 mg
Cellulose	20 mg
Lipase	20 mg
Protease	20 mg

Benefits:

- Glowing & Youthful Skin
- Promotes Hair Growth
- Strengthens Nails
- Boosts Immunity and Energy
- Anti-oxidant effect

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

SUPER NITRIC OXIDE NUTRI BEET POWDER



Composition:

Each 7.4g contains	
Beet root extract (<i>Beta vulgaris</i>)	1400 mg
Pomegranate powder (<i>Arthrospira platensis</i>)	1000 mg
Oxystrom red spinach extract powder	1200 mg
Black pepper extract powder (<i>Piper nigrum</i>)	1000 mg
Benzoates and Steviyol Glycosides	60 mg

Benefits:

- Skin Brightening & Radiance
- Metabolic Health & Weight Management
- Nutritional Superfoods
- Sleep & Stress Management

Recommended Dosages:

1 serving scoop per day before a meal or as recommended by your healthcare professional.

HERBAL SACHETS & MIXES

SPIRULINA AND BLUEBERRY POWDER



Benefits:

- Gut Health & Emulsification
- Antioxidant & Digestive Support
- Complete Daily Nutrition
- Gastrointestinal Health & Microbiome Balance

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

Composition:

Each 7g contains

Spirulina Powder (<i>Arthrospira platensis</i>)	170 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	330 mg
Sunflower Lecithin Powder	250 mg
Apple Powder (<i>Limonia acidissima L.</i>)	830 mg
Green Tea leaf powder (<i>Camelliasinensis</i>)	330 mg
Blue berry powder (<i>Vaccinium corymbosum</i>)	670 mg
Grapes Seed powder (<i>Vitis vinifera</i>)	130 mg
Ginkgo Biloba powder (<i>Ginkgo Biloba</i>)	170 mg
Ashwagandha Root powder (<i>Withania somnifera</i>)	130 mg
Licorice powder (<i>Glycyrrhizaglabra</i>)	170 mg
Ginger powder (<i>Zingiber officinale</i>)	170 mg
Echinacea angustifolia powder	100 mg
Amla powder (<i>Phyllanthus emblica</i>)	330 mg
Cranberry (<i>Vaccinium macrocarpon</i>)	680 mg
Flaxseed (<i>Linum usitatissimum</i>)	240 mg
Acerola cherry (<i>Malpighia emarginata</i>) extract	100 mg
Tamarind powder (<i>Tamarind powder</i>)	760 mg
Mint powder (<i>Mentha arvensis</i>)	200 mg
Tomato powder (<i>Solanum lycopersicum</i>)	300 mg
Banana powder (<i>Musa acuminata</i>)	300 mg
Inulin	150 mg
Vitamin A (<i>Retinyl acetate</i>)	600 µg
Vitamin B1 (<i>Thiamine chloride hydrochloride</i>)	980 µg
Vitamin B2 (<i>Riboflavin</i>)	1.25 mg
Vitamin B12 (<i>Cyanocobalamin</i>)	1 µg
Vitamin C (<i>Sodium-L-ascorbat</i>)	80 mg
Vitamin D (<i>Vitamin D2 – Ergocalciferol</i>)	200 IU
Vitamin E (<i>D-alpha-tocopherol</i>)	10 mg
Calcium (<i>Calcium carbonate</i>)	120 mg
Zinc (<i>Zinc citrate</i>)	12 mg
Copper (<i>Cupric citrate</i>)	1.2 mg
Manganese (<i>Manganese citrate</i>)	20 mg
Magnesium (<i>Magnesium carbonate</i>)	170 mg
Iron (<i>Ferrous citrate</i>)	17 mg
Lactobacillus acidophilus, Lactocaseibacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum, Lactobacillus fermentum, Saccharomyces boulardii	1.25 Billion CFU

HERBAL SACHETS & MIXES

SUPER RAW GREEN POWDER



Benefits:

- Oxidative stress reduction
- Natural detox and liver function
- Metabolic health
- Cognitive & eye health
- Digestive wellness

Recommended Dosages:

One serving per day before meal or as recommended by your healthcare professional.

Composition:

Each 7g contains

Spirulina Powder (<i>Arthrospira platensis</i>)	60 mg
Spinach Powder (<i>Spinacia oleracea L.</i>)	330 mg
Barley	150 mg
Alfalfa Leaf Powder (<i>Medicago sativa</i>)	260 mg
Wheat Grass Powder (<i>Triticum sativum</i>)	225 mg
Chlorella Powder (<i>Chlorella vulgaris</i>)	225 mg
Amla Powder (<i>Emblica officinalis</i>)	262 mg
Pointed Gourd Powder (<i>Trichosanthes dioica</i>)	262 mg
Baconweed Powder (<i>Chenopodium album</i>)	75 mg
Orange Fruit Powder (<i>Citrus reticulata Blanc.</i>)	337 mg
Lecithin	75 mg
Apple Fruit Powder (<i>Malus pumila Mill</i>)	750 mg
Green Tea Leaf Powder (<i>Camellia sinensis</i>)	375 mg
Rasbhari Powder (<i>Physalis peruviana</i>)	375 mg
Blueberry Fruit Powder (<i>Vaccinium corymbosum</i>)	772 mg
Goji Berry Powder (<i>Lycium barbarum</i>)	30 mg
Bilberry Extract (<i>Vaccinium myrtillus</i>)	330 mg
Ginkgo Biloba Extract	150 mg
Grape Seed Extract	150 mg
Lemon Fruit Extract (<i>Citrus limon</i>)	262 mg
Banana Fruit Powder	187 mg
Acerola Cherry Extract	112 mg
Beet Root Extract	262 mg
Echinacea angustifolia Extract	375 mg
Licorice Root Extract (<i>Glycyrrhiza glabra</i>)	225 mg
Ginger Root Extract (<i>Zingiber officinale</i>)	225 mg
Astragalus Gum	375 mg
Cranberry Dried Powder (<i>Vaccinium oxycoccos</i>)	150 mg
Ashwagandha Root Powder (<i>Withania somnifera</i>)	150 mg
Siberian Ginseng Extract (<i>Acanthopanax senticosus</i>)	150 mg
Rosemary Extract (<i>Rosmarinus officinalis</i>)	150 mg
Maitake Mushroom Extract	75 mg
Moringa Leaf Powder (<i>Moringa oleifera</i>)	75 mg
Mulberry Extract (<i>Ferrous citrate</i>)	15 mg
Asian Ginseng Root Extract	37 mg
Amylase	40 mg
Pepsin	40 mg
Cellulase	390 mg
Lipase	390 mg
Papain	390 mg
Protease	390 mg